



MAY 22, 3-5:00 PM

YOU'RE INVITED!

**We've moved to our new home
Please join us in celebrating!**

We have settled in our new location at
101-200 Speers Boulevard in Amherstview.
Whether you've seen our new digs or this is your
first in-person visit, please stop by for a tour and
to say hello! We look forward to seeing you!



Cooking
demonstrations with
our Registered
Dietitian

Exercise drop-in with
our Occupational
Therapist

Special Guest
Daryl Kramp, MPP

Door Prizes!

Informational
displays with FHT
staff and
Community Partners

QUESTIONS?

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